

Center for Women in Transition

*The Center for Women in Transition (CWT) Mission:
To provide homeless women and children safe transitional housing and support services to foster and sustain self-sufficiency. The Center offers case management, client/family advocacy, support groups, educational resources and referrals, as well as children's programming.*

The Center for Women in Transition has three houses which accommodate 19 women and 25 children. Our newest facility, a duplex currently undergoing major renovations, is scheduled to open in June and will house four single women in our new independent transitional housing program. Since its inception in 1985, thousands of women and children have benefited and continue to benefit from shelter provided by the Center for Women in Transition.

Address Correction Required



Presents



Pedal Power !

Cycling to Empower Homeless Families

And you could win a new Trek bike or fitness prizes!



Fun and Fitness!

Come develop your personal fitness and strength while you're helping homeless families through the Center for Women in Transition!

This ride will visit communities near Champaign-Urbana on flat to *very* slightly rolling terrain. Looping routes of 8, 25 and 27 miles are suitable for a wide range of riders. Do both long routes for 52 miles! An optional urban route of 4.5 miles will take you past the Center for Women in Transition at 508 E. Church Street.

Marked routes, maps, sag support and food stops are all provided. Ride registration is from 9:00-10:30. Upon your return to the park check out lots of information about bicycles and entertainment at the regional BikeFest which starts at noon.



Routes will take you North of Hessel Park and to nearby towns.

Riders of all ages and abilities are invited. To encourage groups to ride together and increase fitness, we have a team discount! Get together with 3 or more of your buddies and get a 20% discount - 4 riders for \$80.

DIRECTIONS:

The ride will start and end at Hessel Park, on Grandview Drive off Kirby Rd., West of Neil Street. From I-74, take exit 182 S at Neil Street; follow to Kirby, approx. 2.5 miles; turn Right and look for Hessel Park on the right.

You could Win a Trek bicycle !

Thanks to our sponsor at Champaign Cycle , you could win a new bike!

More information:

Gail Elkins
Center for Women in Transition
217-352-7151

More cycling information:

<http://www.champaigncountybikes.org> (host of the BikeFest)

<http://www.resourceroom.net/cycling/pedalpower.html>

Sign me up!!

Sign up for:

Price

- Individual Rider \$25.00 ea.
- Team of four or more \$20.00 ea.
(Separate form for each rider - MUST sign up together ☺)

Name

Address

Phone

E-mail

Method of Payment (make checks payable to Center for Women in Transition)

- Check
- Cash

Liability Waiver

In registering for *Pedal Power*, I hereby release and waive all claims against the Center for Women in Transition, its officers and members, successors and assignees, for any damages resulting in injury either to myself or my equipment during the above-named event. Individuals under the age of 18 must add the signature of a parent or legal guardian to ride with *Pedal Power*.

SIGNATURE

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